

Greater Lexington Newcomers

Meetings 1st Wednesday 10:00 to 11:30 AM Each Month Except August & December

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WEB SITE: Gary Sullivan - www.lexvanewcomers.org

Vol. 24 Issue 6 – March 2016

MESSAGE FROM THE VICE PRESIDENT

Dear Newcomers,

March has definitely come in like a lion, at least the first few days. It can only get better from that. Let's hope we can get out and enjoy our beautiful area when the weather permits. Spring is just around the corner.

The main event of the meeting was visiting with old and new members before the business meeting. Several of our members recently returned from a Washington and Lee Alumnae sponsored trip to Australia and New Zealand. Hopefully we can have one of them give a short presentation in the future.

We have a lot coming up in the next month, so look for the reports from the different interest groups and committees in this newsletter. The website has the directory (user name-lexcomer) (password-member5). I noticed that the Interest Group information is out of date. Can the current contact person contact me if your name and number are not listed? I know we need the Couples Bridge contact and we have added Pinochle and Bunco. Please contact me. pstange@embarqmail.com or 540-463-2964

Our April meeting is April 6. We will be having a speaker, Michelle Jones, Rockbridge Area Hospice, Outreach Coordinator. She will give a brief talk, Hospice 101, followed by questions you have. This is a great opportunity to understand the benefits of hospice and how it works for you and your family. Michelle will also bring the booklet, "Five Wishes" for all to take home.

See you next month or sooner at some of our events.

Jane Stange, President

CLUB OFFICERS

President

Jane Stange

Vice President

Mike Lowry

Treasurer

Nancy Wright

Corresponding Secretary

Margaret Skovira

COMMITTEE CHAIRS

Activities

Shelly Undercoffer

Hospitality

Phil Crudden

Membership

Bill Docekal

Name Tags

Marilou Schindler

Publicity

Sally Nunneley

Welcome

Kim Crudden

Membership Report



Our club increased its membership by 1 over the past month. We welcome the following Newcomer:

Ann Hopkins
110 Colonial Lane
Lexington, VA 24450
732-688-9897
Clamdigr47@aol.com

Directory instructions:

1. Call up our Homepage, www.lexvanewcomers.org, click on Membership.
2. Click on “Click here to lookup a member” or “Print out a current Directory”
3. Our username is: **lexcomer** Our password is: **member5**
4. To print the directory, set your “Properties” to “Duplex Printing” so to have front and back printing. Choose the % you wish to see – I use 80% to print more on each page.

Bill Docekal – Membership chair.

TEA & COFFEE



The Newcomers Club periodically holds a 'Tea & Coffee' social event for recent new members, and the next one will be held Sunday, April 10th from 2-4 pm at the home of Dennis and Linda Andrew.

Always held at the home of a veteran member, the Tea & Coffee event represents a fun opportunity to meet and network with other 'new' newcomers, as well as some other veteran members who also participate.

For new or recent members, we hope you will join us April 10th for tea and coffee and hors d'oeuvres, plus great fun and fellowship. Please watch for your personal invitation in the mail!

For veteran members, we are seeking volunteers to participate in this fun event. This would include bringing along a simple food plate (e.g. chips & dip, cookies, brownies, nuts, cheeses, and the like). Contact Phil & Kim Crudden (pcrudden@gmail.com).

ACTIVITIES CALENDAR

FEBRUARY

Many of us attended the “*ROCK APPELLA*” on February 6 and enjoyed listening to the local university *a cappella* groups! Look forward to hearing our local talent again next year!

MARCH

MARCH 15
FUSED GLASS CLASS
Tuesday, 4:30-6:00 PM
RENEGADE ART STUDIO & GALLERY
(Old BV Road, Lexington)

Deadline: Tuesday, March 8
Let me or Sharon Littlely know.
Those that signed up at the meeting have been registered.

Price varies by the piece you choose to make. (\$8.50 and up, see their website for a list of projects)

You will select a glass project, choose your own glass and then learn to cut and grind the glass and assemble it for firing and slumping. To sign up call Shelley at 461-0623.

**We will not do signups for the following two paint nights but people had expressed an interest in a paint night so I'm putting out the information.

MARCH 17
HOOFBEATS THERAPEUTIC RIDING CENTER is Hosting
'NIGHT NUZZLING' Paint Night at the **HORSE CENTER**
Thursday, 7:00 PM
Price:\$45

Go to paintnite.com events and lookup for the above date. They usually have Groupons for their events, but this is a fund raiser so they will not take coupons for this specific event. They also will show other paint night events in the area.

MARCH 19
MARSHALL MUSEUM 'ROSIE the RIVETER' Paint Night
Saturday, 5:30 PM
Price: \$35

Call Leigh McFadden at 463-7103 ext 138 or go to news and events at the Marshall Foundation website - marshallfoundation.org.

APRIL

APRIL 17
BRUNCH TOUR OF ROANOKE
SUNDAY at 11:15 AM
Price: \$48 or \$60 w/alcohol

Stroll through historic downtown Roanoke and enjoy delicious tastes, iconic landmarks, satisfying aromas, and alcohol beverage pairings! 6 Food tasting locations. Easy walking and discover historic downtown Roanoke.
www.roanokefoordtours.com

To sign up call Shelley at 461-0623

MAY

MAY 23
MAYMONT -Tour of Mansion and Horticulturist led Garden tour (Richmond)
MONDAY at 10:00 AM
Admission: \$18.00

Maymont was the home of James and Sallie Dooley, who lived here from 1893 through 1925. They wanted Maymont to be preserved so that new generations could enjoy it as much as they did. It is a 100 acre Victorian estate and public park.

UPCOMING LATER IN THE YEAR

JUNE 17 - BEER TOUR of Roanoke
JULY - SALEM RED SOX Baseball Game
AUGUST 18 - CEDAR CREEK and BELLE GROVE PLANTATION
SEPTEMBER—APPOMATTOX COURTHOUSE
OCTOBER—CASS RAILROAD
NOVEMBER—Possibly Paint and Wine date
DECEMBER— 'LET IT SNOW' at The Greenbrier Theater

Overnight trip planning committee will be convened shortly to discuss possibilities. As usual call Shelley with any questions - 461-0623 or sunder4@juno.com.

THINKING OF YOU



Has a member had an operation, a new grandchild? Is a significant anniversary coming up, or has someone lost a loved one? Please send me an email with the member's name, and address if you know it, and I will send congratulations or condolences as appropriate. Contact mskovira3@gmail.com or call 464-1555.

In February a get well card was sent to Ann Jones.

Margaret Skovira, Corresponding Secretary

**Treasurers Report
2/01/16 – 2/29/16**

Submitted by Nancy Wright

BEGINNING BALANCE	\$ 4,440.22
INCOME	
Dues	\$ 30.00
TOTAL	\$ 4,470.22
	
DISBURSEMENTS	
Room Rent	60.00
Door prizes	100.00
New Member Coffee	24.39
Oktoberfest	50.54
Checks	24.36
Chamber of Commerce	133.00
Subtotal Expense	\$ 392.29
ENDING BALANCE	\$4,077.93



FROM THE HISTORIAN

Don't forget to send your activity photos to Gary Sullivan for the on-line photo album.

garysullivan@rockbridge.net

INTEREST GROUPS

Interest group participants must be members of Newcomers. To join an interest group, call or email the contact person.



Dining In/Fine Dining Group

Fine Last week, Joe and I had the pleasure of eating with a lively group of chefs and diners at Jane and Patrick Stange's home. Our menu was perfect in every way....

- Appetizers: Cheese Wafers, Zucchini Cheese Bites and Shrimp with Remoulade Sauce
- Soup: Butternut Squash and Roasted Red Pepper Soup
- Entree: Sautéed Pork Chops with Cream of Winter Vegetables, Spiced Cooked Apples, and Crusty Rosemary Bread
- Dessert: Strawberry Delight topped with Pecans

It was as delicious as it sounds!

Fine Dining will soon be beginning our spring round of meals (April/May) and new members are always welcome to join the group!

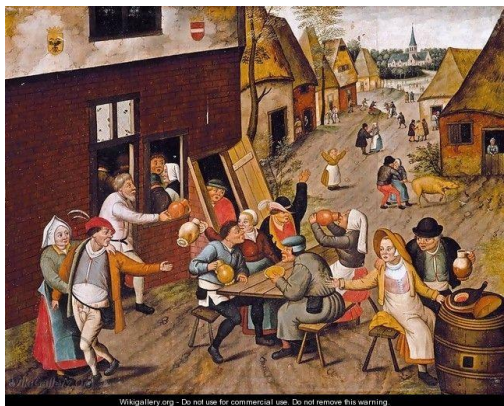
It isn't too much of a commitment: members attend three dinners per year and members are required to host once every 4 sessions (depending on the total number of members).

The Fine Dining coordinator assigns groups so that you will eat with different members at each dinner. Hosts plan the menu, coordinate

selecting the date among their guests and assign recipes to their guests.

Costs for meals are split evenly among all attending each dinner so that hosting isn't a costly burden.

Contact Grace Simcoe at gsmcoe@gmail.com if you're interested in knowing more about Fine Dining.



Dining Out

The Dining Group is looking for hosts for the spring session (February/March/April) and Summer session (May/June/July). If you have not yet volunteered to host Dining Out, please sign up for one of these two sessions.

The group consists of members who are interested in experiencing various dining out venues within a reasonable drive of the Lexington area. Venues have included restaurants within a 60 to 90 minutes drive. Though 90 minutes is pushing the limit a little, sometimes there is a place to dine that is too enticing to pass up. We dine out three times a year in September through November, January through March, and April through June. Members are expected to volunteer to host a dining out venue at least once a year. Each of three quarters, members will be requested to sign as host then provide me with the name, address, and phone number of the restaurant of choice and web page, if available. Hosts indicate how many members can attend, provide a date and

time, make sure that individual bills are acceptable to the restaurant as each member pays individually, confirm the booking about a week prior to the event and remind participants by email or phone.

If you are new to Newcomers, please contact Dorothy Coker at [540-348-6248](tel:540-348-6248) or cedarbranchhollow@gmail.com to be added to the distribution list.

Help Wanted

New Wine Tasting Chair Needed

Jim Slack has retired as the chair of the wine tasting group after leading the group for three years. It is time for someone else to lead the group. Jim said that he has thoroughly enjoyed leading the group. He noted that the Newcomers' wine tasters have been an excellent and pleasant group to work with. Please consider taking over as the chair of this group.



BUNKO!

Come roll with the Bunko ladies! We meet the 3rd Wednesday of the month at 1:00 pm. If you are interested in learning to play, we would love to teach you. Currently we are adding to our sub list. Please contact Sharon Littley at slittley@gmu.edu or [703-625-0870](tel:703-625-0870) for more information.



Canasta Group

Canasta meets the fourth Tuesday of each month. Anyone interested in joining or being a sub, please contact Cynthia Tucker, 540-463-3344 or cmtucker@comcast.net.

Pinochle Club



The pinochle club is entering its third year of play. Since its inception one couple came forward to join the Schindler's to play the game. We use a combination of minor

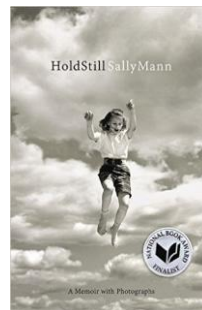
rules in playing. The standard rules are that every player receives twenty cards. The order of power is Ace high, ten, King, queen, jack. Trump is the suit called by the winning bidder. Points are given for the following: a run in the trump suit, a single marriage in any suit, an ace in each suit, a king in each suit, a queen in each suit, a jack in each suit, a marriage in each suit, a pinochle (queen of spades and jack of diamonds), and for double aces, Kings, queens, jacks, and pinochle. Determining the points you have in your hand helps to determine if you want to bid and how high you are willing to go. More on the rules of the game next month.

After two games of play (90 minutes to two hours) The hosting couple provides a snack and beverage. Hosting rotates between the couples at an agreed upon time. We look forward to having other singles and/ or couples join us. There are rules to play three handed as well as four handed.

Call Marilou at 291-2992 for more information or the date and location of the next play.

Fourth Thursday Book Club (closed to new members for now)

The Fourth Thursday Book Club will hold its next meeting on Thursday, March 24 at 1:00 p.m. at the home of Sue Whitsitt. Margaret Skovira will lead a discussion of *My Beloved World* by Sonia Sotomayor, a memoir of her life from a Bronx housing project to the federal bench.



Fourth Thursday II Book Club

Our purpose is to read and enjoy literature. We usually meet at each other's homes. Our February meeting was held at Phil Crudden's home to discuss *The Nightingale* by Kristin Hannah.

Despite their differences, sisters Viann and Isabelle have always been close. Younger, bolder Isabelle lives in Paris while Viann is content with life in the French countryside with her husband Antoine and their daughter. But when the Second World War strikes, Antoine is sent off to fight and Viann finds herself isolated so Isabelle is sent by their father to help her.

As the war progresses, the sisters' relationship and strength is tested. With life changing in unbelievably horrific ways, Viann and Isabelle will find themselves facing frightening situations and responding in ways they never thought possible as bravery and resistance take different forms in each of their actions. Google Books

JoAnn Toner facilitated. Those attending benefited from the myriad of discussion topics as well as the exploration of such themes as hope, resilience and survival. Although the book was

honest in its portrayal of the events, most felt it was not overly graphic. The eight participating members gave an over-all 3.80 rating out of 5.

Our next book is *Hold Still: A Memoir with Photograph* by Sally Mann. Highly acclaimed photographer Sally Mann, a Rockbridge County native, has given us a revealing and beautifully written memoir and family history.

In this groundbreaking book, a unique interplay of narrative and image, Mann's preoccupation with family, race, mortality, and the storied landscape of the American South are revealed as almost genetically predetermined, written into her DNA by the family history that precedes her.

Sorting through boxes of family papers and yellowed photographs she finds more than she bargained for: "deceit and scandal, alcohol, domestic abuse, car crashes, bogeymen, clandestine affairs, dearly loved and disputed family land . . . racial complications, vast sums of money made and lost, the return of the prodigal son, and maybe even bloody murder." In lyrical prose and startlingly revealing photographs, she crafts a totally original form of personal history that has the page-turning drama of a great novel but is firmly rooted in the fertile soil of her own life. Google Books



Yoga Group

The Newcomers' Yoga group meets weekly on Tuesday mornings at 8:30 in the Fitness Center at Kendal. The Center is down the hill and

behind the main building, but we are requested to park our cars in the guest parking lot, anywhere on the circle.

Our class is appropriate to all levels, and individual needs are addressed with modifications. Bring your mat, wear some comfy clothes, and join us for an hour of gentle stretching, conditioning and strengthening in a union of mind, body and spirit.

Please call Helen Moore at 850-240-5619 if you have any questions.



Sunset Hike

Hiking Group

The Newcomers Hiking Group hikes every Friday weather permitting. If you would like to be on the email list just email Don Brooke, donbrooke@gmail.com, or Debbie Maurer, mountaintoppers@exede.net.

CALENDAR

MARCH

- 4 Hiking Group
- 8 Yoga
- 9 Pinochle
- 11 Hiking Group
- 15 *Fused Glass Class*
- 15 Yoga
- 16 Bunko
- 17 *Night Nuzzling Paint Night*

18 Hiking Group
19 *Rosie the Riveter* Paint Night
22 Yoga
22 Canasta
24 4th Thursday Book Club
24 4th Thursday II Book Club
25 Hiking Group
29 Yoga

APRIL

1 Hiking Group
5 Yoga
6 Club Meeting
6 Pinochle
8 Hiking Group
10 *Newcomers Tea & Coffee*
12 Yoga
15 Hiking Group
17 *Brunch Tour of Roanoke*
19 Yoga
19 Canasta
20 Bunko
21 4th Thursday Book Club
21 4th Thursday II Book Club
22 Hiking Group
26 Yoga
29 Hiking Group